



This week's Kiddush is sponsored by the Kiddush Club



This week's Shalosh Seudos is sponsored by Drs. Lynn & Stephen Deutsch in honor of the entry of Shira and Shmuel Itzhak into Bnai Israel's Grandparent's Club!

Schedule for the Week

<u>Friday, May 11th (26th Iyar)</u>		Mincha/Maariv	7:50 P
Candle lighting	7:00 P*	Partners in Torah (JCC)	8:00 P
Minchah/Kabbalas Shabbos/Maariv	7:00 P*		
<u>Shabbos, May 12th (27th Iyar)</u>		<u>Tuesday, May 15th (1st Sivan)</u>	
Shachris	9:00 A	<u>Rosh Chodesh Sivan</u>	
BISLI	10:00 A	Daf Yomi	6:00 A
Shabbos Women's Class @ Zukerman	5:00 P	Shachris	6:35 A
Daf Yomi	6:30 P	Tomer Devora class	12:00 N
Pirkei Avos:	6:40 P	Mincha/Maariv	7:50 P
Minchah	7:30 P		
Maariv/Havdala	8:47 P	<u>Wednesday, May 16th (2nd Sivan)</u>	
<u>Sunday, May 13th (28th Iyar)</u>		Daf Yomi	6:00 A
Daf Yomi	7:00 A	Shachris	7:00 A
Shachris	8:00 A	Mincha / Maariv	7:50 P
Early Mincha (TC Dinner)	6:15 P	<u>Thursday, May 17th (3rd Sivan)</u>	
Toras Chaim Dinner	6:30 P	Daf Yomi	6:00 A
Mincha/Maariv	7:50 P	Shachris	6:45 A
<u>Monday, May 14th (29th Iyar)</u>		Mincha / Maariv	7:50 P
Daf Yomi	6:00 A	<u>Friday, May 18th (4th Sivan)</u>	
Shachris	6:45 A	Daf Yomi	6:00 A
Pirkei Avos with Rabbi Haber at JCC	12:00 N	Shachris	7:00 A
Mesilas Yesharim with Rabbi Haber	6:45 P	Candle Lighting	7:00 P*
		Mincha	7:00 P*

**Until September 14th we will making an early Shabbos with Mincha at 7:00 PM.
Candle lighting will be at 7:00 PM, and no later than 7:20 PM**

Shabbos Classes

Bnos
Next: May 5th

3:15 pm to 4:15 pm in the Fred Aron Education Wing
For girls from Kindergarten to 6th Grade in the Fred Aron Education Wing.

Boys Learning

3:00 PM For boys grades: 5th to 8th Gemara Shiur at home of Rabbi Bauman
5:15 PM For all boys: Pirkei Avos with Dr. Gedalia Schwartz at his home
30 minutes before Mincha: For boys 1st to 4th grades: Parsha with Rabbi Lipman

Women's Class

5:00 PM at the home of Bina Zukerman. Class will be presented by Chamie Haber. Based on the book: "Eishes Chayil- Ancient Wisdom for Women of Today" by Shira Hochheimer

Pirkei Avos
with Rabbi Haber

50 minutes before Mincha: Practical Lessons for Life

Weekday Classes

	Sun.	Mon.	Tues.	Wed.	Thur.	Fri.
Daf Yomi with Rabbi Loiterman						
Morning	7:00	6:00 AM				
Evening	er Maariv (as noted)					
Rabbi Haber's Classes						
Lunch & Learn at JCC		12:00 N				
Mesilas Yescharim		6:45 PM				
Kollel Learning Programs						
Partners in Torah at JCC		8:00 PM				
Night Kollel	er Maariv		er Maariv			
Special Classes				5/16 at 1:30 PM		
Other Classes Available						
Tomer Devora with Amy Lefcoe			12:00 N			
Gemara: Avoda Zora			75 min before Mincha			

PIRKEI AVOS LUNCH & LEARN AT THE JCC WITH RABBI HABER

Mondays 12:00 pm - 1:00 pm: 5/14 last class

Topic: "An Historical, Philosophical, and Mystical Perspective on the Ethics of the Fathers"
Come and learn what the Ethics of the Fathers is and what its meaning is for us today.

MONDAY NIGHT CLASS WITH RABBI SENDER HABER

Mondays at 6:45 pm

The Monday Night class with Rabbi Haber is based on Mesillas Yesharim - Path of the Just. Come weekly or just drop in to learn this classic text outlining our role in this world and our strategies for achieving our potential. Practical, thought-provoking, and fundamental.

TORAS CHAIM DINNER: HONORING RABBI DR. MORDECHAI LOITERMAN

This Sunday, May 13th at Bnai Israel at 6:30 PM

Please join the Toras Chaim family in honoring Rabbi Dr. Mordechai Loiterman for his decade of service and leadership at Toras Chaim. Couvert is \$54.00 per person. To make a reservation, please contact the school at (757) 686-2480 or go their website at toraschaim.net

PRE-SHAVUOS HOLIDAY CLASS: IT'S MORE THAN JUST CHEESECAKE

Wednesday, May 16th at the Simon Family JCC at 1:30 PM

Are you looking for a way to prepare for one of the most important days in the Jewish Calendar? Join Rabbi Gavriel Rudin for an eye-opening lecture that will delve into the meaning and customs of the holiday of Shavuos.

SHAVUOS LEARNING PROGRAM & SPONSORSHIP

Shavuos learning program starting Motzei Shabbos, May 19th at 11:30 PM

As we do each year, Bnai Israel will be hosting inspiring and energetic Shavuos learning throughout the night. An exciting class schedule is in formation and refreshments will be available throughout the evening.

We encourage everyone to participate in the extraordinary program - you get the zchus (merit) of learning even if you can't make it. Please contact the B'nai Israel office no later than Wednesday, May 16th to become a sponsor.

- \$1,000: Entire night of learning:
- \$250 Introduction to the Night of Learning: Rabbi Reuven Bauman: The Chosen Nation
- \$250 Class 1: Rabbi Sender Haber: Laws of Building a Shul
- \$250 Class 2: Rabbi Gershon Litt: Counting up to Receiving the Torah - Every Day
- \$250 Class 3: Rabbi Moishe Prager: The Revelation at Sinai
- \$250 Class 4: Rabbi Eliyahu Segal: Surrogate Parenting and Childbirth in Halacha
- \$250 Class 5: Rabbi David Zitter: King Solomon and Emma Lazarus
- \$250 Youth Learning Program with Rabbi Lipman
- \$250 Daf Yomi: Rabbi Mordechai Loiterman
- \$100 One hour of learning
- \$18 General Sponsorship

BINA HIGH SCHOOL GRADUATION JOURNAL AND YEARBOOK

Journal/Yearbook ads due: Friday, May 11th

BINA is celebrating the 2018 graduation of Mattie Lefcoe and Libby Frenkel. They would like everyone to join in on the celebration by placing an ad in the graduation journal and yearbook. Ads range from \$36 for a greeting to \$2,500 for the inside of the back cover. For more information about the journal/yearbook, please contact Mrs. Andie Pollock .

VOLUNTEERS NEEDED FOR CEMETERY CLEANUP

Sunday, June 3rd, 10:00 AM to 12:00 noon

Our cemetery committee has made some real progress in cataloging and upgrading the cemetery. On Sunday June 3rd, we are (once again) looking for volunteers to come out to the B'nai Israel cemetery.

Most of the work will be removing overgrowth. We will plan to be there from 10:00 to 12:00. Please bring equipment and see Rabbi Haber or Adam Goldberg for more details.

SISTERHOOD FLOWER FUND

The Sisterhood provides fresh flowers for the Bimah for every Yom Tov & other services for the shul. Contributions to the Bnai Israel Sisterhood "flower fund" can be mailed to Irene Mazel or Frances Berger.

A SPECIAL OPPORTUNITY

We are excited to inform you that Dr. Michael Weissman and Rabbi Mordechai Wecker are co-authors of a soon-to-be published book!

The book is entitled, "Real Torah/Real Life," and follows the following format:

- Dr. Weissman culled case studies from his 40 years of clinical psychology practice (carefully obscuring the identity of the participants, of course) that illustrate the application of Torah principles to the psychotherapy process.
- Rabbi Wecker will provide the halachic and/or hashkafic (Jewish philosophical) background with more than thirty Divrei Torah. The Book is intended to provide a comprehensive treatment of the integration of psychotherapy and Torah in the service of helping people who struggle with personal and relationship problems to resolve their life challenges and to help them improve the quality of their lives.

Sponsorship opportunities are available. If you are interested in being a sponsor, please contact Rabbi Wecker.

OU ADVOCACY'S ANNUAL LEADERSHIP MISSION TO D.C.

Wednesday, June 13, 2018

Please join us on Wednesday, June 13, 2018 at the White House and on Capitol Hill for our Annual Leadership Mission to Washington, D.C. If you are interested in attending, please contact Rabbi Sender Haber.

Thank you to our contributors

Bnai Israel Congregation	<ul style="list-style-type: none">✧ Gershon & Chana Leah Rothman in memory of Lyla Longman, wife of Dr. Bruce Longman✧ Joan & Alan Sohn in honor of Rabbi Dr. Mordechai Loiterman
Youth Funds	<ul style="list-style-type: none">✧ Michael & Marcy, Ilana and Devorah (and Jeter) Mostofsky in memory of Michael's father, Neil Mostofsky - benefitting the "Children's Shul Participation Prize" fund (Youth Funds)
Yahrtzeit Fund	<ul style="list-style-type: none">✧ Sarah Zedd in memory of her husband, Stanley Zedd
Matching Fund	<ul style="list-style-type: none">✧ Esther Sarah Carroll

For the Week of Shabbos, May 12th through Friday, May 19th

BIRTHDAYS

Rabbi Alexander Haber 5/12 Sima Wilson 16th 5/14 Sara 5/16 Jacklyn Richels 5/16 Ari Goldberg 16th 5/17	Nachama Yosifa Sternlicht 5/17 Darcy Bloch 5/18 Ezra Loiterman 9th 5/18 Yechezkel Loiterman 9th 5/18
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ANNIVERSARIES

Mr. & Mrs. Robert Low	60th	5/17
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YAHRTZEITS

Rose Swartz Banks 5/13 Louis Caplan 5/14 Bernard Stark 5/14 Jerry David Baydush 5/15 Pearl Lena Friedman 5/15 Harry Gold er 5/15	Dora Hobowsky 5/15 Herman Lind 5/15 Anne Adler 5/16 Hilda Ellenson 5/16 Elliot Juren 5/16 Eva Siegel 5/16	Charna Wecker 5/16 Frieda Donn 5/17 Neil Mostofsky 5/17 William Dankner 5/18 Pearl Morganstern 5/18 Bea Paiken 5/18
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REFUAH SHELAIMA

Women		Men	
Shoshana bas Miriam	Sheva bas Rivka	Shalom Boruch ben Masha	Rachmiel Leib ben Mordechai HaLevi
I Zilke bas Leah	Chaya Ruchel bas Zelda	Yehuda ben Chasha Ruchel	Chaim Rafael Yoel ben Shayna Golda
Leah Adina bas Chaya Esther	Shira bas Sarah	Moshe Yechezkel Halevi ben Sara Malka	Daniel Yosef ben Miriam
Yochana bas Chana	Nechama Getzel bas Rachel	Reuven Simcha ben Naomi Rus	Moshe Yosef ben Esther
Nava bas Fruma Leah	Ruchama Malka Briendel bas Shaina	Yonah Michael Alter ben Esther Sarah	Reuven HaCohen ben Sarah
Basha Leiba bas Baila Fruma	Shifra	Aryeh Nachman HaCohen ben Ita	Eitan Shmuel bas Chana Leah
Simcha bas Tzipporah	Rivka bas Chaya Ruchel	David Shlomo ben Rivka Tehilla	Eliezer Yehuda ben Chana Shaindel
Malka Esther bas Devorah	Rivka bas Yocheved	Koppel ben Bayla	Yisroel Shmuel ben Sarah
Devorah bas Ruchel	Raizel Shoshana bas Faiga Leah	Abraham ben Iza	Chaim Shmuel ben Rivka
Tzippora Aviva bas Rivka	Orly Rachel Bat Yehudit Rus	Yoel Meir ben Chaya	Eliyahu Aron ben Hudel
Sara Bas Sara	Tye Miriam bas Zehavit	Yehudah Ben Batya	Sholom Yehuda ben Fayga
Miriam Rochel bas Chava Elisheva	Chana Rochel bas Sara	Rafael Messod ben Naomi Sarah	Tinok ben Rochel
Kayla Dodie bas Rochel Bracha	Arielle Mazal Tov bas Eliane	Eliezer ben Sara	Shlomo Yoel ben Chaya Leah
Rochel Bracha bas Baila	Devora Faiga bas Malka	Avraham Beryl HaLevi ben Miriam	Chanina Getzl ben Chana Fradel
Tirtze Sorah bas Rochel Bracha	Shoshana Aliza bas Aviva Michal	Yissachar ben Rachel	Meyer Yisroel Hirsch ben Zahava
Rivka Tehillah bas Sarah	Miriam Chava Chana Devora bas	Binyamin Leib ben Rachel Chana	Zippora
Hinda bas Dena	Shaindel Chaya Rivka	Zecharia Avraham ben Devorah Rivka	Shlomo ben Na'ami
Shula bas Carmela	Batya Pia bas Chaya Ruchel	Nosson Yitzhak Ben Leah	Eliyahu Yaakov ben Sarah Roiza
Eliana Chaya bas Nacha	Esther bas Ruth	Moshe ben Raizel	Yitzhak Mordechai ben Yehudis Sima
Adi Simcha bas Penina Leah	Rachel Chana bas Shulamet Itel	Eliezer ben Penina Kaila	Chaim bas Shifra
Aida Batya bas E	Feiga Elka bas Yehudis	Meir Yehoshua ben Penina Kaila	Dovid Avraham HaCohen ben Libby
Chaya Tova Gi el bas Shulamis Sima	Aydel bas Chaya	Beryl ben Chava	Yeshia
Bayla Mishka bas Devora	Sarah Duba bas Miriam	Shmuel Yeruchem ben Baila	Yehudah Leib ben Lenora Daniella
Malka Chana bas Ruchel	Batya Yehudis bas Masha Sarah	Yehoshua ben Nechama Aliza	Yosef Tzvi ben Rochel Pessil
Sarah bas Tzipora		Avraham ben Chana	Chaim Yaakov ben Avigail Dovid
Chaya Raizel bas Dena		Asher Eliyahu ben Leah	Moshe Yosef ben Esther
Chana bas Sarah		Akiva Hillel Ben Cooki Tziporah Feige	Yonasan Yisroel ben Devorah Rivka
Adi Bat Miriam		I	
Chaya bas Ruchel		Yehuda Herschel ben Chaya Leah	
		Dovid Leshem ben Esther	
		Abba ben Tzipora	
		Pesach ben Baila	

THE B'NAI ISRAEL CALENDAR AT A GLANCE

Week of May 6th through May 12th

Shabbos, May 12th: Shalosh Seudos by Drs. Stephen & Lynn Deutsch "In Honor of Maytal Itzhak's Arrival and entry of Shira and Shmuel into Bnai Israel's Grandparent's Club!"

Week of May 13th through May 19th

Sunday, May 13th: Toras Chaim Dinner honoring Rabbi Dr. Mordechai Loiterman's 10 years of service

Tuesday, May 15th: Rosh Chodesh Sivan

Wednesday, May 16th: Pre-Shavuot Holiday Class with Rabbi Rudin at JCC

Shabbos, May 19th: Kiddush by Shmuel & Shira Itzhak in honor of Maytal Rivka Itzhak

Shabbos, May 19th: No Shalosh Seudos (Erev Shavuot)

Shabbos, May 19th: Erev Shavuot

Shabbos, May 19th (night): Annual All-night Shavuot Learning Sessions

Week of May 20th through May 26th

Sunday, May 20th: First Day of Shavuot

Monday, May 21st: Second Day of Shavuot (Yizkor)

Week of May 27th through June 2nd

Monday, May 28th: Memorial Day

Week of June 3rd through June 9th

Week of June 10th through June 16th

Wednesday, June 13th: Rosh Chodesh Tamuz (1st Day)

Thursday, June 14th: Rosh Chodesh Tamuz (2nd Day)

Week of June 17th through June 23rd

Sunday, June 17th: Yeshivas Aish Kodesh Graduation and Siyum Dinner (Bnai Israel)

Monday, June 18th: Bina High School Graduation (Bnai Israel)

Thursday, June 21st: Toras Chaim 8th Grade Graduation (Toras Chaim - Portsmouth)

Week of June 24th through June 30th

Monday, June 25th: First Day of Camp Ruach (4 weeks)

Week of July 1st through July 7th

Sunday, July 1st: Shiva Asar b'Teves (nidche) beginning of the Three Weeks

Wednesday, July 4th: Independence Day

Week of July 8th through July 14th

Week of July 15th through July 21st

Week of July 22nd through July 28th

Week of July 29th through August 4th

Week of July 5th through August 11th

Shabbos, August 11th: Bar Mitzva of Koby Schwartz

Week of August 12th through August 18th

Shabbos, August 18th: Bar Mitzva of Muttly Schoenfeld

Week of August 19th through August 25th

Week of August 26th through September 2nd

Shabbos, September 2nd: Zukerman Scholar in Residence (tentative)

A Tough Part of Galus

By Rabbi Sender Haber

After describing the seven stages of punishment, the Torah tells us what Rashi describes as "Something good, and something hard".

The Good thing is that even after we leave the land and it is overtaken by our enemies, our enemies will not prosper in the land. History has shown this. This week will be the fiftieth anniversary of the capturing of Yerushalayim. Aside from our personal thanks to Hashem that we can be there, we also need to recognize that what the Jews have in Yerushalayim is unprecedented when you compare it to how the city looked for hundreds of years prior.

That's the good thing. The tough thing – the 'Davar Kasha' – is that we will be spread out among the nations. If Hashem had taken us all out of Yerushalayim and put us in Uganda or North Dakota or even Bavel, we would have figured something out. We would have reestablished the same shuls, the same schools, and the same infrastructure that we had in Yerushalayim. Sad, but manageable. Instead, Hashem scattered us throughout the nations: Some of us ended up in Poland, others in France, some in Iran, Turkey, Colombia, and Gibraltar. That made the Galus so much harder because, as Rashi says "one people from one country are exiled to another, they can see each other and be comforted". We didn't have that.

There is a big question on this Rashi. Many years later (but before the exile), when Channa sang her song to Hashem she described Hashem's kindness and righteousness. 'Tzidkas pirzono asa' – 'He scatters with righteousness'. The Gemara in Pesachim (87b) explains that if G-d would have exiled all of us to one place, we wouldn't be here anymore. We've survived persecution after persecution because there were always Jews somewhere else who weren't being persecuted. Nobody could ever get their hands on all of us.

So is our scattering a good thing or a bad thing? The Tolna Rebbe points out that Rashi never said that our scattering was a bad thing, he said that it was 'tough thing'. It was something that didn't come easy yet was and is very good for us.

You see, the problem in Yerushalayim before the exile was that we weren't comforted by seeing one another. We fought, we argued, and we split into groups. And if we had been exiled as one mass of fighting groups, we would have kept on fighting.

So Hashem did something very tough, and He's still doing it. He separated us from each other and scattered us all over the world. When we are at a grocery store in Hawaii and we see another Jew, we'll chase him out to the parking lot. Maybe we are looking for a minyan or Kosher food, or maybe people in exile are just comforted by seeing one another.

In Norfolk, we should be the superstars at this – and maybe we are. Here we are, scattered far away from Yerushalayim. We are part of Hashem's plan to follow up our exile with something good and something tough. The good thing is that Yerushalayim will be there for us when we get back. The tough thing is that Hashem is taking us out of our comfort zone for a couple thousand years until we can get our act together and truly find comfort in seeing one another. When that happens nobody will have a say, not the UN, not Trump, not Netanyahu. Hashem will just pick us up, together with our shuls and we will up back in Yerushalayim with the rebuilding of the Beis Hamikdash together.

Good Shabbos