



Kiddush is sponsored by Herb & Bina Zukerman and Jeff & Amy Brooke in honor of the recent marriage of Chana & Avi Horowitz Mazel Tov to all!



Shalosh Seudos is Shalosh Seudos is sponsored by B'nai Israel Congregation and friends in honor of the Sheva Brachos of Chana & Avi Horowitz

Schedule

<u>Friday, January 12th (25th Teves)</u>		<u>Tuesday, January 16th (29th Teves)</u>	
Candle Lighting	4:51 P	Daf Yomi	6:00 A
Mincha	4:55 P	Shachris	7:00 A
		Tomer Devorah for women	12:00 N
<u>Shabbos, January 13th (26th Teves)</u>		Mincha/Maariv	4:50 P
Shachris	9:00 A	Late Maariv	7:50 P
<i>BISLI</i>	10:00 A		
<i>See Page 2 for additional Learning programs</i>		<u>Wednesday, January 17th (1st Shevat)</u>	
Daf Yomi	3:40 P	<u>Rosh Chodesh Shevat</u>	
Minchah	4:40 P	Daf Yomi	6:00 A
Maariv/Havdala	5:52 P	Shachris	6:35 A
Parent/Child learning	6:25 P	Mincha/Maariv	4:50 P
		Late Maariv	7:50 P
<u>Sunday, January 14th (27th Teves)</u>		<u>Thursday, January 18th (2nd Shevat)</u>	
Daf Yomi	7:00 A	Daf Yomi	6:00 A
Shachris	8:00 A	Shachris	6:45 A
Mincha/Maariv	4:50 P	Mincha/Maariv	4:50 P
		Late Maariv	7:50 P
<u>Monday, January 15th (28th Teves)</u>		<u>Friday, January 19th (3rd Shevat)</u>	
Daf Yomi	6:00 A	Daf Yomi	6:00 A
Shachris	6:45 A	Shachris	7:00 A
Mincha /Maariv	4:50 P	Candle Lighting	4:59 P
Partners in Torah (Men at JCC)	8:00 P	Mincha	4:55 P
Partners in Torah (Women at M Mostofsky)	8:00 P	Bina Friday Night Dinner - by reservation only	

CLASSES FOR EVERYONE

DAF YOMI

Morning Class: Sundays at 7:00 AM, weekdays at 6:00 AM
with Rabbi Loiterman

Evening Class: Sunday through Thursday after Late Ma'ariv
Shabbos & Yom Tov: both classes meet together one hour before
Mincha with Rabbi Loiterman

BNOS

Shabbos Afternoon 3:15 - 4:15

For girls from Kindergarten to 6th Grade in the Fred Aron Education Wing.

Next Bnos: This Shabbos January 13th

SHABBOS LEARNING FOR BOYS

Grades 5th - 8th Gemara class with Rabbi Harpaz at his home at 3:00 PM
Grades 1st - 4th Parsha with Rabbi Lipman at shul 30 minutes before Mincha

PARENT-CHILD LEARNING

Motzei Shabbos

Join us once again for our beautiful Parent-Child learning each Motzei
Shabbos. Inspiring atmosphere, beautiful learning, and exciting prizes.

PARTNERS IN TORAH

Mondays from 8:00 PM to 9:00 PM

Meets at the JCC in Room 238

KOLLEL NIGHT SEDER FOR MEN

Sundays, Tuesdays, Wednesdays & Thursdays following the Late Maariv
Held in the Bnai Israel Minyan Room.

Includes: Rabbi Goder Open Beis Medrash Learning Night

WOMEN'S TUESDAY NOON LEARNING CLASS

The sefer Tomer Devorah is being studied.

TALMUD CLASS - 75 minutes before Mincha

Tuesday evenings: With Gershon Aronoff - Avoda Zara.

KABBALAH

Join the Norfolk Kollel for a Kabbalah course. Discover ancient mystical Jewish teachings and how they apply to our lives today. All the classes will take place at the Simon Family JCC. There are two class options:

Tuesday Evenings at 7:30 PM (Remaining evening classes are Jan. 16th, & 23rd)

Wednesday Lunch at 12:30 PM (Remaining day class is: Jan. 17th) There will be boxed lunches available for \$8.00.

For more information, please contact Rabbi Gavriel Rudin at 757-386-3274 or email him at rabbirudin@norfolkkollel.com

YAK 2018 SENIORS FUNDRAISER

Please support the Yeshiva Aish Kodesh Seniors by buying their delicious dips. Flavors available: Onion, roasted garlic, olive, jalapeno with many more to come. Each container of dip is \$4.50. All products are made in the yeshiva kitchen. All orders should be placed before 8:00 AM on Thursdays by emailing: yakseniors2018@gmail.com

SISTERHOOD FLOWER FUND

The Sisterhood provides fresh flowers for the Bimah for every Yom Tov. Contributions to the Bnai Israel Sisterhood "flower fund" can be mailed to Irene Mazel or Frances Berger.

WOMEN'S PARTNERS IN TORAH

Monday, January 15th at 8:00 PM at the home of Marcy Mostofsky

This month's meeting includes the presentation: "Interior Design on a Budget" by Chava Goldberg

BINA PLAY - "JOURNEY FOR TRUTH"

Sunday, January 14th at Maury High School Auditorium

On Sunday, January 14th, the BINA's thespians will perform "**Journey for Truth**". Women of the community should plan to attend this wonderful program at the Maury High School auditorium. Admission: \$15 for adults & \$10 for students.

BINA HIGH SCHOOL ANNUAL FRIDAY NIGHT DINNER

Friday, January 19th at 6:00 PM

Once again, Bina High School is having their annual Friday Night Dinner.

The charge for this dinner is:

Adult (age 12 & up) \$25.00 Children (ages 4-11): \$15.00 Family price is \$125.00.

They are looking for sponsors for this event:

Diamond: \$1,000* Emerald: \$500** Ruby: \$360

Sapphire: \$250 Pearl: \$136

* 4 reservations are included in the price

** 2 reservations are included in the price

Please RSVP by **Monday, January 15th** be emailing: info@binahighschool.com
or calling 757-502-9129

Your continued support and generosity enables a quality education of our girls.

25TH ANNUAL JEWISH FILM FESTIVAL OPENING NIGHT

Saturday, January 20th at 7:15 PM at Chrysler Museum of Art, 1 Memorial Pl, Norfolk, VA
The opening film is "Shelter." The food for the reception at the Chrysler Museum is being prepared in the Bnai Israel dairy kitchen.

SUPER SUNDAY

Sunday, January 28 from 10:00 am to 1:00 pm

This year Super Sunday has more ways than ever to get involved because Super Sunday and Operation Hamantashen are coming together! Bring the entire family for a special day of fun, service, and giving back to the community from 10:00 am-1:00 pm. There will be activities in the gym until noon for the little ones, including two bounce houses. There will also be a marketplace for shopping, Tzedakah box decorating project hosted by Nativ YAD Men's Giving Circle, and the wildly popular hamantashen care packages.

ANNUAL DATE WITH THE STATE

Tuesday, January 30th from 7:00 am to 4:00 pm, cost: \$36

Bus leaves from the Reba & Sam Sandler Family Campus

On Tuesday, January 30th, our Tidewater Jewish community will travel together to Richmond for Date with the State to advocate about issues that are important to our community to state delegates and senators. We will ask for support for our local institutions serving the elderly and impoverished, social services, and health care. And we are one delegation of a larger coordinated group – representatives of all of the Virginia Jewish communities also come to Richmond on the same day so we make an even larger impact.

We will be meeting at the JCC for Shacharis at 6:15

PROJECT KAHBAID - BETH SHOLOM VILLAGE

Shabbos, February 3rd

In partnership with Beth Sholom Village, our region's only Jewish senior housing community, we are once again participating in Honor or Kahbaid Weekend.

On February 2 - 4, synagogues around the world will be reading Parshas Yisro, which includes the Ten Commandments, including the 5th to Honor our Fathers and Mothers. Here at Bnai Israel, we will be having a Kiddush, sponsored by the Beth Sholom Village, in honor of this wonderful event.

To learn about the ongoing Honor Campaign to renovate the Berger-Goldrich Skilled Care Facility, call David Abraham at (757) 420-2512 or visit www.bethsholomvillage.com.

SCHOLAR IN RESIDENCE: RABBI YISSACHAR FRAND

Friday, February 16th & Shabbos, February 17th

Rabbi Yissachar Frand, a renowned speaker, author and teacher will be visiting the Norfolk Community as the Scholar in Residence. More details as the date nears.

CHAI KIDDUSH

Shabbos, February 17th

We will be having a Chai Kiddush - in honor of our Scholar in Residence program and speaker, Rabbi Yissachar Frand

LOOKING FOR A "NEW" VACUUM FOR SHUL

If any body has a heavy-duty vacuum that they would like to donate to the shul, we will be interested! Please call Michele with information.

KARP/SROKA MEMORIAL FUND

The following offer came from the Richmond Jewish Foundation.

This fund provides need-based scholarships to children from the Richmond, VA and **Tidewater metropolitan areas** for Jewish overnights camps.

Size of Awards: Generally, grants are approximately \$375 - \$500. For more information, please contact: <http://www.rjfoundation.org/scholarships/>

Deadline: March 2, 2018

Thank You to our Contributors (for weeks ending January 6th & 13th)

To Diana & Leonard Ruchelman for their contribution to the Eruv Fund in memory of Aaron Cohen's brother, Norman.

To Benn & Jackie Richels for their contribution to the Rabbi's Discretionary Fund in memory of Aaron Cohen's brother, Norman.

To Rabbi Sender & Chamie Haber for their contribution to Bnai Israel Congregation in memory of Aaron Cohen's brother, Norman.

To Dr. David & Pnina Rosenberg for their contribution to Bnai Israel Congregation of a Sidur in memory of David's mother, Freida Rosenberg.

To Sherri Slone for her contribution to Bnai Israel Congregation.

To Dr. Terri Colby Barr for her contribution to Bnai Israel Congregation.

To Kevin & Amy Lefcoe for their contribution to Bnai Israel Congregation's Yahrzeit Fund in memory of Amy's grandfather, Nathan Galen.

To the Lefcoe Family Partnership for their contribution to Bnai Israel Congregation's Yahrzeit Fund in memory of Felicia Lefcoe.

To Carol B. Rosenblatt for her contribution to Bnai Israel Congregation's Yahrzeit Fund in memory of Bernard Kahn.

To Dr. Gary (Yitzchak) Cohen for his contribution to Bnai Israel Congregation.

To Dr. Robert Nochimson for his contribution of a Sefer to the Bnai Israel Congregation Minyan Room Library in memory of his wife, Marilyn Nochimson.

To Barry Lerman for his contribution to Bnai Israel Congregation's Yahrzeit Fund in memory of his's parents, Isadore & Anne Lerman.

Thank You to our Contributors (for weeks ending January 6th & 13th)

To L. Mark Wine for his contribution to Bnai Israel Congregation's Yahrzeit Fund in memory of his father, Melvin Wine.

To Morton & Joyce Coleman for their contribution to Bnai Israel Congregation.

To Ruth Rothman for her contribution to Bnai Israel Congregation in honor of the engagement of Esther Schwartz to Beryl Greenberg.

To Irma Kopelove for her contribution to Bnai Israel Congregation in honor of Dr. Behrooz & Trudy Dayanim for their good food and good friendship.

To Aaron & Ruth Cohen for their contribution to Bnai Israel Congregation's Bridge-Sturman Fund in honor of Dr. Gedalia & Jodi Schwartz and family.

To Aaron & Ruth Cohen for their contribution to Bnai Israel Congregation's Bridge-Sturman Fund in honor of Dr. Earl & Andie Pollock and family.

To Aaron & Ruth Cohen for their contribution to Bnai Israel Congregation's Bridge-Sturman Fund in honor of Abraham & Esther Schwartz and family.

To Raymond Gottlieb for his contribution to the Bnai Israel Sisterhood Fund, which is gratefully appreciated.

To Irene Ullman for her contribution to Bnai Israel Congregation in honor of Dr. Gedalia & Jodi Schwartz and family.

To Jon & Susan Becker for their contribution to Bnai Israel Congregation in honor of Dr. Gedalia & Jodi Schwartz and family.

To Jon & Susan Becker for their contribution to Bnai Israel Congregation in honor of Dr. Earl & Andie Pollock and family.

To Joey & Carol Miller for their contribution to the Bnai Israel Yahrzeit Fund in memory of Joey's grandfather, Joseph Miller.

For the Week of Shabbos, January 13th through Friday, January 19th

BIRTHDAYS

Dr. Stephen Deutsch	1/13	Dovid Yehuda Ohana	7th	1/18
Shmuel Itzhak	1/13	Rabbi Aharon Lipman		1/19
Moshe Leib Harpaz	3rd 1/17	Dorothy Slone		1/19

ANNIVERSARIES

Mr. & Mrs. Philip Schwartz	26th	1/15	Mr. & Mrs. Sid Bridge	18th	1/16
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YAHRTZEITS

Marilyn Nochimson	1/13	Isaac Schwitzer	1/14	Nathan Galen	1/17
Michael Wolasky	1/13	Benjamin W. Traub	1/14	Benjamin Hornstein	1/17
Ira Barry Goldberg	1/14	Ezra Bentob	1/15	Julius Peck	1/17
Etti Laskewitz	1/14	Lena Frost	1/15	Jacob Ruchelman	1/17
Esther Leshinsky-Silver	1/14	Nathan Kappel	1/16	Chaim Soroko	1/17
Israel Salber	1/14	Armin Sternberg	1/16		

REFUAH SHELAIMA

Women

Shoshana bas Miriam	Eliana Chaya bas Nacha	Chaya bas Ruchel	Orly Rachel Bat Yehudit Rus
Vittel Zilke bas Leah	Adi Simcha bas Penina Leah	Tinokes bas Esther Hadassah	Leah Rivka bas Sarah
Leah Adina bas Chaya Esther	Aida Batya bas Etta	Sheva bas Rivka	Yehudis bas Chana Leah
Yochana bas Chana	Chaya Tova Gittel bas Shulamis Sima	Chaya Ruchel bas Zelda	Tye Miriam bas Zehavit
Nava bas Fruma Leah	Elka Gittel bas Basya	Shira bas Sarah	Yehudis Sima bas Alta Ruchel
Basha Leiba bas Baila Fruma	Chana Yitta bas Bryna	Nechama Getzel bas Rachel	Chana Rochel bas Sara
Simcha bas Tzipporah	Yehudis bas Irma	Ruchama Malka Briendel bas Shai- na Shifra	Ginendal Sarah bas Perel
Malka Esther bas Devorah	Bayla Mishka bas Devora	Miriam bas Chava	Chana Bracha bas Sara
Devorah bas Ruchel	Malka Chana bas Ruchel	Leah Aviva bas Masha	Arielle Mazal Tov bas Eliane
Sara Bas Sara	Miriam bas Tzipora	Rochel bas Tova	Miril bas Ida Hudya
Miriam Rochel bas Chava Elisheva	Chaya Raizel bas Dena	Chaya Rochel bas Esti Rivka	Sara bat Tzipporah
Kayla Dodie bas Rochel Bracha	Chana bas Sarah	Rivka bas Chaya Ruchel	Devora Faiga bas Malka
Rochel Bracha bas Baila	Devora Leah bas Civet Elkie	Rivka bas Yocheved	Shoshana Aliza bas Aviva Michal
Tirtze Sorah bas Rochel Bracha	Samecha Yehudis bas Esther	Tzippora Aviva bas Rivka	Miriam Chava Chana Devora bas Shaindel Chaya Rivka
Rivka Tehilla bas Sarah	Adi Bat Miriam	Devora Rivka bas Tzipora	Batya Pia bas Chaya Ruchel
Hinda bas Dena	Chana Leah bas Fraydel	Raizel Shoshana bas Faiga Leah	Yosepha bas Laikie
Shula bas Carmela	Ruth bas Sarah		

Men

Shalom Boruch ben Masha	Yissachar ben Rachel	Dovid Leshem ben Esther	Tinok ben Rochel
Yehuda ben Chasha Ruchel	Binyamin Leib ben Rachel Chana	Chaim Yaakov Dovid ben Avigail	Shlomo Yoel ben Chaya Leah
Moshe Yechezkel Halevi ben Sara Malka	Zecharia Avraham ben Devorah Rivka	Abba ben Tzipora	Chanina Getzl ben Chana Fradel
Reuven Simcha ben Naomi Rus	Nosson Yitzhak Ben Leah	Pesach ben Baila	Meyer Yisroel Hirsch ben Zahava Zippora
Yonah Michael Alter ben Esther Sarah	Moshe ben Raizel	Rachmiel Leib ben Mordechai HaLevi	Shlomo ben Na'ami
Aryeh Nachman HaCohen ben Ita	Eliezer ben Penina Kaila	Chaim Rafael Yoel ben Shayna Golda	Eliyahu Yaakov ben Sarah Roiza
Shlomo ben Tzipporah	Meir Yehoshua ben Penina Kaila	Daniel Yosef ben Miriam	Yitzhak Mordechai ben Yehudis Sima
David Shlomo ben Rivka Tehilla	Beryl ben Chava	Moshe Yosef ben Esther	Chaim bas Shifra
Koppel ben Bayla	Shmuel Yeruchem ben Baila	Reuven HaCohen ben Sarah	Dovid Avraham HaCohen ben Libby Yeshia
Yonatan ben Rivka	Yehoshua ben Nechama Aliza	Eitan Shmuel bas Chana Leah	
Abraham ben Iza	Menachem ben Tzipka	Eliezer Yehuda ben Chana Shaindel	
Yoel Meir ben Chaya	Avraham ben Chana	Yisroel Shmuel ben Sarah	
Yehudah Ben Batya	Asher Eliyahu ben Leah	Chaim Avraham ben Feiga	
Rafael Messod ben Naomi Sarah	Akiva Hillel Ben Cooki Tziporah Feige Gittel	Chaim Shmuel ben Rivka	
Eliezer ben Sara	Yehuda Herschel ben Chaya Leah	Eliyahu Aron ben Hudel	
Avraham Beryl HaLevi ben Miriam		Sholom Yehuda ben Fayga	

THE B'NAI ISRAEL CALENDAR AT A GLANCE

Week of January 7th through January 13th

Shabbos, January 13th: Kiddush by Jeff & Amy Brooke and Herb & Bina Zukerman in honor of the simchos of Herb & Bina Zukerman and Avi & Chana Horowitz.

Shabbos, January 13th: Shalosh Seudos Sheva Brachos - Chana & Avi Horowitz in Richels Hall at Bnai Israel

Week of January 14th through January 20th

Sunday, January 14th: Bina High School play at Maury High School

Monday, January 15th: Women's Partners in Torah at 8:00 PM at the home of Marcy Mostofsky

Wednesday, January 17: Rosh Chodesh Shevat

Friday, January 19th: Annual Bina High School Friday night dinner

Shabbos, January 20th: Kiddush by Harold & Susan Loiterman in honor of the community for all the wonderful things they've done for us since we got here and in memory of Rabbi Reuven Stafford, a good teacher and family friend.

Motzei Shabbos, January 20th: Opening night for the 25th Annual Jewish Film Festival (the food will be prepared at Bnai Israel)

Week of January 21st through January 27th

Shabbos, January 27th: Kiddush by Rabbi Gavriel & Malka Rudin in honor of their daughter, Rivka Reva (Rivi)

Week of January 28th through February 3rd

Wednesday, January 31st: Tu B'Shevat

Shabbos, February 3rd: Kiddush by the Beth Sholom Village in honor of Project Kahbaid.

Week of February 4th through February 10th

Shabbos, February 10th: Parshas Shekalim

Week of February 11th through February 17th

Thursday, February 15th - Friday, February 16th: Rosh Chodesh Adar

Friday, February 16th - Shabbos, February 17th: Norfolk Kollel Scholar in Residence - Rabbi Yissachar Frand

Shabbos, February 17th: Chai Kiddush

Week of February 18th through February 24th

Sunday, February 18th & Monday, February 19th: Norfolk Kollel Yarchei Kallah (President's Day)

Shabbos, February 24th: Parshas Zachor

Shabbos, February 24th: Sponsored Kiddush

Week of February 25th through March 3rd

Wednesday, February 28th: Ta'anis Esther

Thursday, March 1st: Purim

Friday, March 2nd: Shushan Purim

Week of March 4th through March 10th

Shabbos, March 10th: Parshas Parah

Week of March 11th through March 17th

Shabbos, March 17th: Rosh Chodesh Nisan

Shabbos, March 17th: Parshas HaChodesh

Week of March 18th through March 24th

Shabbos, March 24th: Shabbos HaGodol

Shabbos, March 24th: Bar Mitzva of Chaim Dov Lefkovitz

Week of March 25th through March 31st

Friday, March 30th: Erev Pesach - Last time to eat Chometz (10:41 AM) & Last time to burn Chometz (11:55 AM)

Shabbos, March 31st: First day of Pesach

PAKOD

By Rabbi Sender Haber

When Moshe was a child he made a choice between a Diamond and a coal. He knew that the diamond was more valuable, but he picked up the coal instead. As a result he was inflicted with a speech impediment.

When Reb Shmuel Kamenetzky visited Norfolk several years ago, the students at Toras Chaim were encouraged to prepare a question to ask him. One of the students asked why Moshe did not pray to have his speech impediment cured, rather than allow it to handicap him for his entire life.

The Ramban answers that Moshe did not want to forget the amazing wonders that Hashem had done for him in saving his life when he was only a baby.

The Ran writes that Hashem wanted Moshe to have a speech impediment so that it would be understood that the Torah had sold itself and had not been the result of slick marketing. (The Shela disagrees based on the Medrash that Moshe was healed at Matan torah).

Rav Itzele Volozhiner wrote a work entitled Peh Kadosh. He quotes a Medrash that the Jewish people had a secret known through Serach that they would be redeemed with the word 'Pakad'. There had been false saviors in Egypt and people were skeptical of Moshe, but when he used the word 'Pakod Pakadeti' they were convinced.

Moshe's particular impediment was the inability to pronounce the letter "pey". This may be the meaning of the verse 'Mi Sam Peh L'adam?' When Moshe miraculously pronounced the words 'Pakod Pakadeti' they knew that he had truly been sent by G-d.

Still, we need to understand the significance of the words Pakod Efkod. Were they jus a code word like "Open Sesame"?

Perhaps the idea is that the people in Mitzrayim did not feel worthy of redemption. In fact, even the angels argued before Hashem that the Jews were no more deserving than the Egyptians.

This is where Pakod comes in. Pakod means to count and to remember and to

assign because as Hashem counts us he remembers us and our potential. We may not always look great, but when we are desperate He knows what we need.

When Moshe was at the bush he also felt like the Jewish people were not ready. They wouldn't listen to him. This was the symbolism of the historic staff turning into a snake but again into a staff. As gruesome as they looked, the Jewish people needed to be remembered and picked up off the ground.

Hashem's miraculous message of Pakod Efkod was that he remembered every one of us, what we needed and what our role should be.

We need to remember this when we are feeling neglected and undeserving. More importantly, we need to remember this when we see somebody else having a bad day or acting improperly.

Hashem caused great miracles just to communicate that 'Pakod Efkod', "I remember you and I am going to let you shine".